

**PLEASE NOTE**

Any schedule changes will be posted on the website [www.teamsasknaig.ca](http://www.teamsasknaig.ca) and announced at the meet

<b>Team Sask NAIG trials</b>	
<b>TRACK EVENTS Schedule</b>	
<b>Saturday Sept 17, 2022</b>	
<b>NOTE</b> For 150m and 200m events, if 8 or fewer competitors race will be run as <b>Final</b> at the scheduled heat time	
<b>14U - 2009/10/11</b> <b>16 U - 2007/08</b> <b>19 U 2004/05/06</b>	
2:00pm	14U 80m Women Heats
2:15pm	14U 80m Men Heats
2:30pm	16U 100m Women Heats
2:45pm	16U 100m Men Heats
3:00pm	19U 100m Women Heats
3:15pm	19U 100m Men Heats
3:30pm	14U Women 1200m Final
3:40pm	14U Men 1200m Final
3:50pm	16U Women 1200m Final
4:00pm	16U Men 1200m Final
4:10pm	19U Women 1500m Final
4:20pm	19U Men 1500m Final
4:45pm	16U 100m Women Final
4:50pm	16U 100m Men Final
4:55pm	19U 100m Women Final
5:00pm	19U 100m Men Final
5:05pm	14U 80m Women Final
5:10pm	14U 80m Men Final
5:40pm	16U Women 300m Timed Final
5:50pm	16U Men 300m Timed Final
6:10pm	19U Women 400m Timed Final
6:20pm	19U Men 400m Timed Final

<b>Sunday Sept 18, 2022</b>	
<b>NOTE</b> For 150m and 200m events, if 8 or fewer competitors race will be run as <b>Final</b> at the scheduled heat time	
10:00am	14U 150m Women Heats
10:15am	14U 150m Men Heats
10:30am	16U 200m Women Heats
10:45am	16U 200m Men Heats
11:00am	19U 200m Women Heats
11:15am	19U 200m Men Heats
11:30am	14U Women 800m Timed Final
11:40am	14U Men 800m Timed Final
11:50am	16U Women 800m Timed Final
12:00pm	16U Men 800m Timed Final
12:10pm	19 U Women 800m Timed Final
12:20pm	19U Men 800m Timed Final
1:15pm	14U 150m Women Final
1:20pm	14U 150m Men Final
1:25pm	16U 200m Women Final
1:30pm	16U 200m Men Final
1:35pm	19U 200m Women Final
1:40pm	19U 200m Men Final
2:00pm	16U 2000m Women Timed Final
2:20pm	16U 2000m Men Timed Final
2:40pm	19U 3000m Women Timed Final
3:00pm	19U 3000m Men Timed Final

**Team Sask NAIG trials**  
**FIELD EVENTS Schedule**  
 Saturday Sept 17, 2022

**PLEASE NOTE**

Any schedule changes will be posted on the website  
[www.teamsasknaig.ca](http://www.teamsasknaig.ca) and announced at the meet

	Women- 14U	Men - 14U	Women 16U	Men-16U	Women-19U	Men-19U
<b>1:00pm</b>	Long Jump	Discus - 750gm	Triple Jump	Javelin - 600gm	High Jump	Shot Put - 6kg
<b>2:30pm</b>	Shot Put - 3kg	Long Jump	Discus - 1kg	Triple Jump	Javelin - 600gm	High Jump
<b>4:00pm</b>	High Jump	Shot Put - 3kg	Long Jump	Discus - 1kg	Triple Jump	Javelin - 800gm
<b>5:30pm</b>	Javelin - 400gm	High Jump	Shot Put - 3kg	Long Jump	Discus - 1kg	Triple Jump

Sunday Sept 18, 2022

	Women- 14U	Men - 14U	Women 16U	Men-16U	Women-19U	Men-19U
<b>10:00am</b>		Javelin - 400gm	High Jump	Shot Put - 4kg	Long Jump	Discus - 1.75kg
<b>11:30am</b>	Discus - 750gm		Javelin - 500gm	High Jump	Shot Put - 4kg	Long Jump

14U - 09/10/11  
 16U - 07/08  
 19U - 04/05/06